

**1.05 Functions of Skeletal Muscles
Matching Handout**

Name _____
Date _____

Directions: Match the function of the muscle to the name of the muscle.

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|---|------------------------|
| 1. _____ Extends and rotates femur | A. Gluteus medius |
| 2. _____ Flexes thigh and extends leg | B. Sartorius |
| 3. _____ points toes and flexes lower leg | C. Rectus abdominus |
| 4. _____ Helps with breathing | D. Deltoid |
| 5. _____ Raises ribs and helps with breathing | E. Biceps brachii |
| 6. _____ Flexes and rotates thigh and leg | F. Gluteus maximus |
| 7. _____ Extends the lower arm | G. Sternocleidomastoid |
| 8. _____ Abducts the upper arm | H. Diaphragm |
| 9. _____ Abducts and rotates thigh | I. Rectus femoris |
| 10. _____ Compresses abdomen | J. Gastrocnemius |
| 11. _____ Flexes upper arm and helps abduct it | K. Trapezius |
| 12. _____ Raises corner of mouth | L. Intercostals |
| 13. _____ Flexes and rotates the head | M. Zygomaticus major |
| 14. _____ Moves the shoulder and extends the head | N. Triceps brachii |
| 15. _____ Flexes lower arm | O. Pectoralis major |